

INTRODUCTION AND INFORMATION LETTER

Please take the time to read this brief overview for your appointment.

Format of Pelvic Floor Visit:

- Please fill out the attached questionnaires and return via email or drop off prior to your appointments to be reviewed by therapist before the assessment time. If you are unable to do so, please attend 20 minutes earlier than your scheduled time so that information can be completed.
- The assessment will require both a vaginal and rectal internal exam to evaluate any presenting problems and the function of the pelvic floor muscles.
- Please advise us if there are any concerns with the internal exams.
- Your initial visit will also give you the opportunity to discuss any other concerns if they do not appear on the initial intake forms.
- The aim is to provide you with an understanding of your presenting difficulty with an appropriate exercise program.
- 24-hour notice is mandatory for all cancellations due to the length of the appointment.

Any further questions, please call (204)725-4066 or email Reception@physio4u.net. If you wish to email confidential information directly to your physiotherapist, you may email her at Marita@physio4u.net.

Sincerely,

Marita Dowsett, B.P.T., Pelvic Floor Health Physiotherapist
MD/sf

I understand the above information and consent to receive assessment and treatments.

Signature: _____ Date: _____

Print Name: _____ Date of Birth: _____

Revised: April 2016

