

Physio 4 U

459-23rd St Brandon, MB R7B 1V7
Ph. (204)725-4066 Fax (204)725-0012

ACUPUNCTURE CONSENT

Acupuncture involves inserting stainless steel, sterile disposable needles into specific places on the body, called acupuncture points. It is used for treatment of acute and chronic pain, muscle spasm, inflammation, tenderness and headaches.

Each acupuncture point lies within the skin and muscle region and is related to the location of pain. The points can be near the area of pain or distant to it. The needles may be stimulated by hand or electrical current or heated locally. There is often a dull ache associated with needle manipulation but the entire procedure should be relatively painless.

Please inform your physiotherapist of the following:

- ⇒ Pregnant or attempting to become pregnant
- ⇒ A hemophiliac or are taking blood thinning medications (anti-coagulants)
- ⇒ Having or have had radiation or chemotherapy treatment in the last year
- ⇒ Have a pacemaker

HOW DOES ACUPUNCTURE WORK?

Acupuncture works by stimulating the body's neurological and endocrine systems signaling the brain to release our body's natural painkillers or "*endorphins*". Endorphins help the body heal itself and are excreted from the brain into the circulatory system.

EXPECTATIONS?

The response to acupuncture varies. Some people will experience immediate pain relief, others gradual relief and some will receive no relief. The physiotherapist will ask you to monitor your response to determine if the treatment is successful for you. Each session lasts from 5 to 30 minutes. Acupuncture may be used alone or as part of the physiotherapy program.

Acupuncture is a very safe technique but occasionally some patients may experience nausea, dizziness, fainting or a temporary increase in pain symptoms. It is advised that ensure you have eaten a light meal prior to treatment. If you at any time during the session you feel faint, please notify the therapist immediately.

The therapists who perform acupuncture are specially trained by the Acupuncture Foundation of Canada and are licensed through their professional association, the Association of Physiotherapists of Manitoba.

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ACUPUNCTURE CONSENT FORM

I have discussed the acupuncture with my physiotherapist and hereby acknowledge my willingness to accept such treatment. I will follow the therapist's advice and understand that there is no guarantee that this procedure will be effective.

****THERE IS A SMALL FEE TO COVER THE COST OF THE DISPOSABLE NEEDLES.**

PATIENT'S SIGNATURE: _____

WITNESS SIGNATURE: _____

DATE: _____

FOR OFFICE USE ONLY (Please Print)

Patient's Name: _____

Therapist: _____